Chapter 1

Exercise 1

<table>
<thead>
<tr>
<th>every day</th>
<th>now</th>
<th>in the evenings</th>
<th>once in a while</th>
</tr>
</thead>
<tbody>
<tr>
<td>on weekdays</td>
<td>at this time</td>
<td>twice a month</td>
<td>every now and then</td>
</tr>
<tr>
<td>on Tuesdays</td>
<td>tomorrow</td>
<td>at night</td>
<td>at lunch time</td>
</tr>
<tr>
<td>sometimes</td>
<td>in the mornings</td>
<td>last night</td>
<td>tonight</td>
</tr>
</tbody>
</table>

Exercise 2

Facts about Canada

Canada is the second largest country in the world. The only country bigger than Canada is Russia. Canada extends from the Pacific Ocean in the west to the Atlantic Ocean in the east. Canada has the world’s largest coastline. Canada has nearly one-quarter of the world’s fresh water. There are about two million lakes in Canada. Forests cover almost half of the country. Half of the world’s forests are in Canada. Canada and its neighbour to the south, the USA, share the longest undefended border in the world. Canada consists of ten provinces and three territories. The name Canada comes from an Iroquois word which means village or settlement. Canada is a parliamentary democracy, but it is also a monarchy. The head of state is Queen Elizabeth. Canada is a bilingual country. Many Canadians speak both English and French. Most people live in the southern part of the country. Almost 80 per cent of the people live in cities and towns. The three largest cities are Toronto, Montreal, and Vancouver.

Exercise 3

The Game of Hockey

One of the most popular and most exciting sports in the world is hockey. Hockey is one of Canada’s official sports. It is a team sport. Hockey teams play against each other during the hockey season, which runs from September to May. Each team consists of five skaters and a goalie who defends the goal. The objective is for each team to score goals against the other team’s goalie. Each player carries a stick and they use these sticks to pass or shoot the puck (a small rubber disk) around the rink. The players wear special padding and helmets and they wear skates. A game consists of three 20-minute periods with 15 minutes rest between each period.
Exercise 4

1. Monica lives far from school so she doesn’t walk to school.
2. She sometimes gets up late and then she is always in a hurry.
3. She never has time for breakfast on those days.
4. She often has people over after school.
5. Monica and her friends rarely go out for meals.
6. Because they are students they are usually short of money.
7. They sometimes buy groceries and cook supper.
8. Their cooking is usually pretty good.

Exercise 5

**Dr. Michalski:** I’m afraid, Melanie, that you don’t take very good care of yourself.  
**Melanie:** What do you mean?  
**Dr. Michalski:** Well, your tests show that your diet is too high in cholesterol.  
**Melanie:** I’m afraid I don’t understand what you mean.  
**Dr. Michalski:** Do you eat five or six servings of vegetables every day?  
**Melanie:** I don’t have a great many vegetables because I don’t like most of them.  
**Dr. Michalski:** Why don’t you try to eat more salads? Do you consume a lot of meat?  
**Melanie:** Why yes. I usually have meat for dinner every night.  
**Dr. Michalski:** You need to eat more grains and cereals. Have more bread and pasta, especially whole grain bread and pasta, and eat less meat.  
**Melanie:** OK, all right. Is my diet the only problem?  
**Dr. Michalski:** How many cigarettes do you smoke on a daily basis?  
**Melanie:** I go through a package of cigarettes every two or three days.  
**Dr. Michalski:** Smoking causes damage to your lungs, to your heart, and to all your other organs, too. What about quitting?  
**Melanie:** I don’t know about that. My husband smokes too. He doesn’t plan to quit. I enjoy smoking. What do I replace it with?  
**Dr. Michalski:** A lot people work out or do aerobics or other fitness activities. Join a health club or if that doesn’t sound like fun, jog or take long walks four or five times a week.  
**Melanie:** OK, I get the point. Exercising is better for me than smoking.  
**Dr. Michalski:** That’s right! You hit the nail on the head. Quitting smoking makes sense health wise and financially. Exercising makes you stronger and healthier.
Exercise 6

<table>
<thead>
<tr>
<th>now</th>
<th>at this time</th>
<th>for the time being</th>
<th>at the present time</th>
<th>at present</th>
</tr>
</thead>
<tbody>
<tr>
<td>yesterday</td>
<td>sometimes</td>
<td>usually</td>
<td>always</td>
<td>at this moment</td>
</tr>
<tr>
<td>this week</td>
<td>this month</td>
<td>never</td>
<td>this year</td>
<td>today</td>
</tr>
<tr>
<td>these days</td>
<td>right away</td>
<td>right now</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Exercise 7

Tony: Are you still reading the newspaper?
Margot: I am going through the classified ads right now. You can have the paper in a moment.
Tony: Are you looking for a new place to live?
Margot: Not for myself. A friend of mine is trying to find an apartment and a job.
Tony: Does she need furniture too? I am trying to sell my bedroom set and my couch.
Margot: She isn’t searching for furniture at the moment. She is planning to rent a furnished place.
Tony: What kinds of jobs are they advertising in the newspaper these days?
Margot: Some stores are hiring sales staff at the present time.
Tony: What kind of salaries are they offering?
Margot: They are paying over $15 an hour. I see that they are holding a job fair downtown today.
Tony: Let me see the paper please. I’m going down there right away.
Margot: But Tony, I’m still reading it. I’m not finished yet!

Exercise 8

1. Dorothy is visiting a friend in Nova Scotia next summer.
2. She is getting her driver’s license next summer.
3. Dorothy is redecorating her apartment next summer.
4. She is buying some new furniture next summer.
5. She is taking a French course next summer.
6. Dorothy is getting a dog next summer.
7. Frank is applying to the engineering program at U of T next summer.
8. Frank is buying a car next summer.
9. Frank is quitting smoking next summer.
10. He is going camping next summer.
11. He is taking the TOEFL test next summer.
12. He is getting married next summer.
**Exercise 9**

Joe: Hi Monica. Long time, no see!
Monica: Hi Joe. I haven’t seen you in ages either. What are you doing these days?
Joe: Not too much. I am still studying English and I am still working part-time in the evenings.
Monica: You are always so busy. Don’t you have any time for your friends anymore?
Joe: It’s true. My work takes up a lot of my time, but I am always trying to find ways to see my friends. In fact, let me ask you a question. What are you doing this weekend?
Monica: This weekend is really busy. I am visiting my sick girlfriend on Friday evening and I am doing her grocery shopping for her. Then on Saturday morning, I am going to an interview for a part-time job. On Saturday afternoon, I am playing tennis with my roommate. On Saturday evening, I am going to the opera. On Sunday, my parents are coming over and we are going out for brunch.
Joe: What a busy schedule you have! Would you like to get together on Sunday evening?
Monica: I would love to, but the only problem is that I am having some people over on Sunday night. But never mind, Joe, why don’t you come over too?
Joe: I’d really like that. Am I interfering in your busy social life if I come?
Monica: Not at all. We are just ordering some pizza and spending some time socializing. Come over.